

Forefront in the Schools: 2023-24 Fall Kick Off Guide

This guide contains everything you need to kick off your Forefront in the Schools program for the new school year!

- Updates & Calendar
- Training Offerings
- Portal Access

Welcome Back!

Whether you are just starting your journey with Forefront or have been with us since the beginning, we are thrilled to welcome you back to the 2023-2024 school year!

We will be with you every step of the way.



Is your team ready for 2023-24?



Take advantage of the training events and resources offered, including those listed in our monthly newsletter.



Review the FIS calendar and select events you plan to register for.



Update your annual FIS web portal login credentials and contact information.

ALL users must reset their portal password after August 25, 2023.



Questions? We are here to help. Please [contact us](#).

Meet our Team



Elaine continues to support our team through her subject matter expertise and consultation. She's also the co-chair of our Advisory Board.



Jennifer is our new Program Coordinator. She makes everything run smoothly across all our school-based programs.



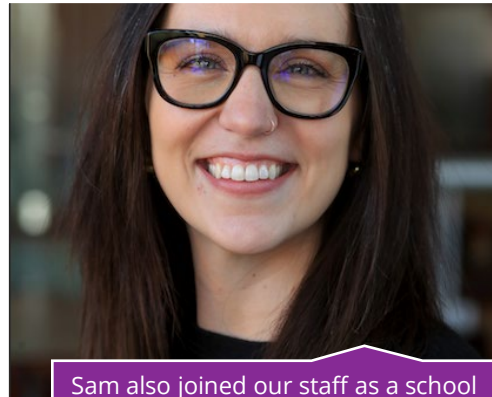
Megan continues to lead Forefront's school-based initiatives working with FIS, The JED Foundation, OSPI, and other local partners.



Michelle joined our staff as a school mental health specialist supporting our work with the JED Foundation to deliver JED HS in Washington State.



Phoebe continues to be our FIS expert and resident school-based suicide prevention specialist supporting schools in Phase 2 and beyond!



Sam also joined our staff as a school mental health specialist supporting our work with the JED Foundation to deliver JED HS in Washington State.



Zoe continues to support our evaluation efforts with Elaine – scoring crisis plans, crunching LEARN data, and supporting training.

THANK you

Harry, Patty and Amy have stepped away from coaching FIS schools but continue to support Forefront's mission in other ways.

Save the Dates!

Our [Events Calendar](#) is live and Educator Clock Hours are available!

Advanced LEARN for ESAs and other public offerings can be found on our [Eventbrite](#)!

Remember, these offerings are free to our school partners; use discount code: FISJEDHS

FOREFRONT IN THE SCHOOLS

Forefront Suicide Prevention Event Calendar 2023-24

JULY					AUGUST					SEPTEMBER				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
3	4	5	6	7		1	2	3	4					1
10	11	12	13	14	7	8	9	10	11	4	5	6	7	8
17	18	19	20	21	14	15	16	17	18	11	12	13	14	15
24	25	26	27	28	21	22	23	24	25	18	19	20	21	22
31					28	29	30	31		25	26	27	28	29
OCTOBER					NOVEMBER					DECEMBER				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
2	3	4	5	6			1	2	3					1
9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
30	31				27	28	29	30		25	26	27	28	29
JANUARY					FEBRUARY					MARCH				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
1	2	3	4	5				1	2					1
8	9	10	11	12	5	6	7	8	9	4	5	6	7	8
15	16	17	18	19	12	13	14	15	16	11	12	13	14	15
22	23	24	25	26	19	20	21	22	23	18	19	20	21	22
29	30	31			26	27	28	29		25	26	27	28	29
APRIL					MAY					JUNE				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
1	2	3	4	5			1	2	3	3	4	5	6	7
8	9	10	11	12	6	7	8	9	10	10	11	12	13	14
15	16	17	18	19	13	14	15	16	17	17	18	19	20	21
22	23	24	25	26	20	21	22	23	24	24	25	26	27	28
29	30				27	28	29	30	31					

-  **CEUs & Clock Hours Available** – Check Links for More Info
All events FREE to FIS School teams: Discount Code FISJEDHS (please do not share the discount code outside of FIS Schools)
-  **FIS Reports Due**

August - Welcome Back!

- 15 - [Advanced LEARN Training for ESAs**](#)
- Don't forget to renew your portal credentials! [2023-24 USER AGREEMENT](#)
- If you are planning to lead a LEARN training in August, please reach out ASAP to ensure you have the most up to date deck!

September

TBD - World Suicide Prevention Day Event

October

- 3 - [Adult Coordinator ToT for Student LEARN**](#)
- 10 - [Staff/Educator LEARN ToT**](#)
- 17 - [Parent/Caregiver LEARN ToT**](#)
- 23 - [Advanced LEARN Training for ESAs**](#)
- 24 - [FAST Skills Workshop**](#)

November

- 2 - [Parenting Today's Teen: An Evening with Drs. Lizz Dexter-Mazza & Jim Mazza*](#)
- 16 - [Grief After Suicide: A Workshop for Schools**](#)
- 28 - [FAST Skills Workshop**](#)

December

- 7-8 - [Introduction to DBT Informed School Counseling Strategies \(2 days\)**](#)
- 19 - [FAST Skills Workshop**](#)

January

- 22 - [Advanced LEARN Training for ESAs**](#)
- 23 - [FAST Skills Workshop**](#)
- 30 - Semester 1 Data Report Due for FIS Schools

February

- 6 - [Grief After Suicide: A Workshop for Schools**](#)
- 7 - [Parenting Today's Teen: An Evening with Drs. Lizz Dexter-Mazza & Jim Mazza *](#)
- 27 - [FAST Skills Workshop**](#)
- 29 - [Postvention with Lifelines: 8-3pm**](#)

March

- 11-13 - [DBT Steps-A Training \(3 days\)**](#)
- 22 - Day of Hope Celebration** (In person event. Registration details forthcoming.)
- 26 - [FAST Skills Workshop**](#)

April

- 22 - [Advanced LEARN Training for ESAs**](#)
- 23 - [FAST Skills Workshop**](#)

May

- 20 - [Advanced LEARN Training for ESAs**](#)
- 28 - [FAST Skills Workshop**](#)

June

- 14 - Semester 2 Data Report Due
- 14 - End of Year Team Survey Due

All events are open to active schools participating in Forefront in the Schools
(*Open to the general public) (**CEUs and/or clock hours available)

Forefront's Training offerings for Schools & Families

LEARN Training of Trainers (ToT)

- These sessions will give schools everything they need to facilitate LEARN for students, staff/educators, and caregivers/parents. This includes training in LEARN content and implementation guidance. Schools must be active in Phase 2 or beyond to participate in trainings.

Advanced LEARN for ESAs

- The Advanced LEARN for Educational Staff Associates covers additional important topics for school staff, including suicide screening and safety planning intervention, and gives participants an opportunity to practice these important skills with experts in the field. The Advanced LEARN is listed as a model course by the WA Department of Health. Open to FIS schools for FREE.

Public Trainings from Forefront Suicide Prevention

- These offerings include our prevention trainings open to the general public. Find our LEARN trainings, Safer Homes, Suicide Aware's: Firearm Safety Course, Greif After Suicide, and our World Suicide Prevention Day programing. Feel free to share widely!

Other PD offered by Forefront in the Schools & our Partners

- Many of your favorites are back including trainings with our partners at DBT in Schools, Lifelines, PEPS, and Seattle Children's Hospital. We will also be hosting a full day Capstone & Day of Hope for our schools in March.

Flexible Coaching

- Forefront in the Schools staff has significant experiencing offering suicide prevention specific technical assistance to our schools. Rebuilding? Need help with your crisis plan? Have a hard question about prevention, intervention or response? All FIS schools have access to our staff. Please reach out to our FIS staff and we will be happy to assist.

LEARN Training of Trainers (ToT)

Use one [ZOOM Registration](#) for our full training of trainer's line up.

After registering, simply add the trainings to your calendar of choice!



Brush up your LEARN Skills in preparation for your school's training cycle (*required every two years*)!

Student LEARN for Adult
Trainers/Coordinators
October 3 – 8:30am-11:30am

Staff/Educator LEARN
October 10 – 8:30am-11:30am

Parent/Caregiver LEARN
October 17 – 8:30am-11:30am

Training of Trainers (ToT) FAQ's



Question	Answers
What are the FIS Training of Trainers?	These sessions will give schools everything they need to facilitate LEARN for students, staff/educators, and caregivers/parents. This includes training in LEARN content and implementation guidance. Schools must be active in Phase 2 or beyond to participate.
Who should attend the Training of Training Sessions?	<p>These trainings are REQUIRED for schools new to delivering LEARN Training and highly recommended every two years to stay current with our LEARN review process.</p> <p>If you have not refreshed your LEARN ToT in the last 24 months, then it's time!</p>
Why are these trainings important?	Each summer our LEARN curriculum gets updated to make sure our schools have the best curriculum possible. Our annual ToT cycle makes sure you have the most updated training and materials, so you are prepared to implement LEARN with confidence and fidelity.
When are they offered?	Training of Trainers sessions for each population served in Forefront in the Schools – students, families, and staff – are offered annually in October.
How do I register?	Use one ZOOM Registration for our full Training of Trainers line up! After registering, simply add the trainings to your calendar of choice!

Accessing the FIS Portal

As of August 25th you will need to update your contact information and your portal password for the 2023-2024 school year.

New to the Portal? This document should direct you in creating your login credentials.

INTRODUCING THE Forefront in the Schools Portal & Forums

Download resources & share your ideas, best practices and ask questions!

1

Go to forefrontintheschools.org and click "**Forums**" in the upper right-hand corner of the screen.

2

Create your unique **login credentials** to connect to our **new** Portal & Discussion Forum.

Once username is created, look for "Forefront in the Schools Login Details" in inbox, "Other" or Spam or Junk folders. Use link in email to set password.

**passwords will be reset each summer*

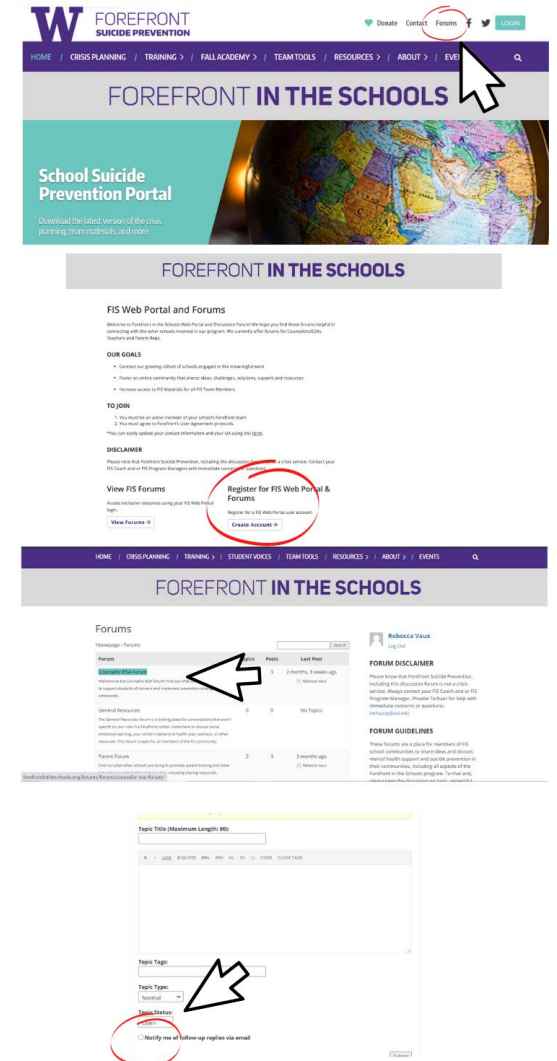
3

Your login credentials will give you access to all **protected FIS Materials**, including **LEARN** trainings.

You will also have access to discussion forums. **Click on forum** heading to get into a forum and the topic subject to get into a topic.

4

In the **FORUMS**, when you post a topic or reply, **remember** to check the box "**Notify me of follow-up replies via email**" if you want to easily track replies to your thread.




If you lose your password... Don't fret! You can reset it yourself.

Contact your FIS Coach with Questions.
For help with immediate concerns or questions, contact: ffront@uw.edu



See you soon!

Visit us at: forefrontintheschools.org/

   intheforefront

Questions? Concerns?
Email: jkdaniel@uw.edu

For tech support during our fall training season please email jkdaniel@uw.edu.

If you are emailing during a training, note that we might not be able to reply immediately.